Montessori Oaks Pre-primary Sports Curriculum
Ages 18 months to 3 years

Objective: To introduce young learners to the world of sports, emphasizing play-based learning, the development of motor skills, teamwork, and sportsmanship.

Sports Focus: Soccer and Basketball

Week 1-2: Introduction to Sports
- Soccer: Rolling and passing a soft soccer ball to a partner.
- Basketball: Throwing and catching a soft basketball, focusing on basic motor skills.

Week 3-4: Ball Control and Motor Skills
- Soccer: Kicking the ball towards a target, enhancing balance and coordination.
- Basketball: Rolling the ball into a hoop, emphasizing precision.

Week 5-6: Teamwork and Coordination
- Soccer: Passing the ball among peers, initiating basic teamwork.
- Basketball: Passing and receiving the ball from classmates, building coordination.

Week 7-8: Introduction to Game Scenarios
- Soccer: "Pass the ball" game.
- Basketball: "Roll the ball to the hoop" game.

Week 9-10: Learning through Play
- Soccer: Dribbling around cones, encouraging creative play.
- Basketball: Exploration of the basketball court

Week 11-12: Mini Matches and Skill Building
- Soccer: Mini soccer matches with a focus on having fun.
- Basketball: Exploring basic dribbling techniques.

Week 13-14: Fun with Scrimmages
- Soccer: Mini-soccer scrimmages, playing together.
- Basketball: Friendly mini-basketball games.

Week 15-16: Review and Graduation
- Soccer and Basketball: Review and celebrate progress.

Throughout the Curriculum: Promote teamwork, sportsmanship, and a love for sports. Provide opportunities for students to explore, create, and play in a safe and supportive environment. Remember, Montessori education is child-centered, and the progression should be adapted based on individual needs and development. The emphasis should always be on fun and exploration. Enjoy the journey of introducing young minds to the world of sports! 🏀⚽