Montessori Oaks Primary Sports Curriculum
Ages 3 to 6 years

Objective: To introduce young learners to the world of sports, emphasizing play-based learning, the development of motor skills, teamwork, and sportsmanship.

Sports Focus: Soccer and Basketball

Week 1-2: Introduction to Sports
- Soccer: Introduction to dribbling and kicking a soccer ball.
- Basketball: Dribbling the ball and aiming at a low hoop, focusing on coordination.

Week 3-4: Ball Control and Motor Skills
- Soccer: Dribbling while avoiding obstacles.
- Basketball: Passing to a partner and taking aim at a raised hoop.

Week 5-6: Teamwork and Coordination
- Soccer: Simple dribbling drills to maintain ball control.
- Basketball: Introduction to teamwork, simple passing drills.

Week 7-8: Introduction to Game Scenarios
- Soccer: Mini soccer games with smaller teams, focusing on cooperation.
- Basketball: Introduction to mini basketball games, emphasizing the importance of sharing the ball.

Week 9-10: Learning through Play
- Soccer: Mini soccer matches, starting to understand basic rules.
- Basketball: Mini basketball games, emphasizing sportsmanship.

Week 11-12: Mini Matches and Skill Building
- Soccer: Learning soccer positions and teamwork.
- Basketball: Introduction to shooting techniques.

Week 13-14: Fun with Scrimmages
- Soccer: Learning game tactics and basic scoring.
- Basketball: Introduction to team strategies and friendly competitions.

Week 15-16: Review and Graduation
- Soccer and Basketball: Review skills learned, celebrate achievements.

Throughout the Curriculum: Promote teamwork, sportsmanship, and a love for sports. Provide opportunities for students to explore, create, and play in a safe and supportive environment. Remember, Montessori education is child-centered, and the progression

should be adapted based on individual needs and development. The emphasis should always be on fun and exploration. Enjoy the journey of introducing young minds to the world of sports! 🏀⚽